

Text messages and e-mails sent from children and teens young adults and parents after coaching and therapeutic sessions with Simon :

Chloé 22 years old (self confidence)

« It's a miracle, she finally succeeded passing her exams and is in second year of Vet school. Thank you so much in helping Chloé in gaining her self confidence, self-esteem and most important, her ticket to her future career.»

Diego 5 years old (fear of the dark)

« Simon, I can sleep alone now and ghosts don't scare me because they can't see me. »

Nathalie 8 years old (divorce)

« I can sleep at Dad's home now even if Mommy doesn't live with Dad anymore. I am still sad but they are happier and they also chose to decorate both of my rooms.»

Lucas 12 years old (anger management)

« Thanks Simon, I know why I get upset and I tell that little voice in me to act differently. I have more friends now and don't get punished in school and at home (no that is not all true, I got punished yesterday because I stayed on my I Pad too long).»

Oliver 8 years old (concentration issues)

« Dear Simon, Oliver won't need to see you anymore (although he likes you and wants to). He is doing so much better at school. He uses the biofeedback tools and the concentration games that he practiced with you. »

Julia 9 years old (shyness)

« Dear Simon the magician. Julia has changed so much since last session. She says you are a magician ☐ She raises her hand at school and asks questions and answers questions. Yes, it is the teachers' duty to answer and the students right to « ask ».»

Kevin 15 years old (potential school drop-out linked to bereavement)

« Thank you so much Simon for listening to me. I know now that I want my Dad to be proud of me. I will finish school here in Belgium, I will go back to Mexico and become « somebody ». Dad will be proud of me up there. »